

Case Study: Headaches



I got my first migraine when I was 29, and it quickly became a lifestyle. Migraines became a chronic condition – “the norm”, and I never knew when they were coming. Sometimes, I just laid in bed crying because my head hurt so bad.

I heard about Thrive on the radio. At my first appointment we took x-rays of my spine which showed that my neck was curving the wrong way. They recommended a treatment plan with included adjustments, decompression, and traction. I started treatment the same day.

I didn't see improvement immediately, but after a few weeks of consistent treatment I began to notice that the headaches were coming less frequently and were decreasing dramatically in their intensity. I still carry Imitrex around in my purse (just in case), but I can't remember the last time I took one, which is honestly nothing short of a miracle. The doctors here are amazing!

Want Proof? See Backside For Full Diagnostics.

Complaints

- Migraines
- Neck/Shoulder Pain

Solution

- Spinal Alignment
- CBP Protocol
- Functional Movement

Results

- Migraines Resolved
- No More Pain

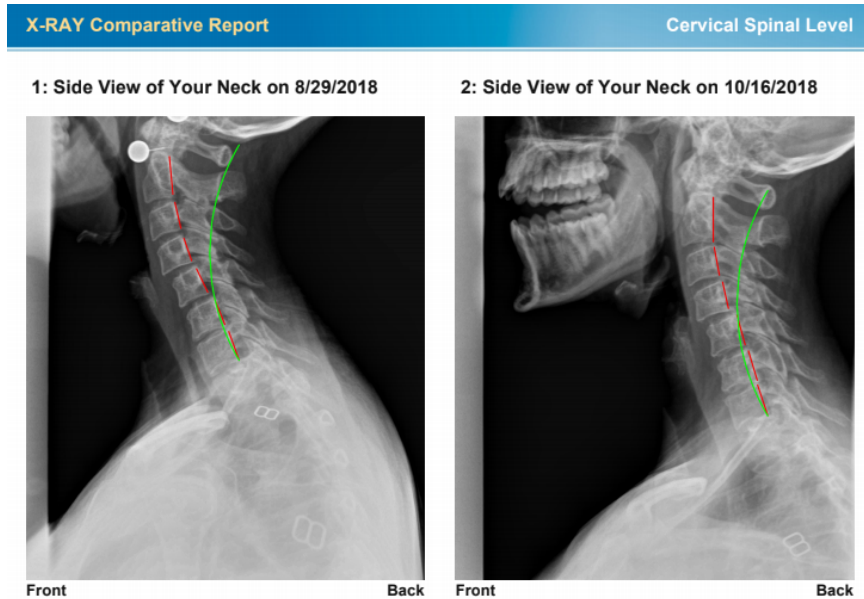
Doctor's Story

Brianna has three children who are heavily involved in activities. She noted that she has been unable to be available and mentally present for her children's events due to headaches. Brianna was getting multiple headaches throughout the week and weekend - sometimes up to 4-5/week. After reviewing her x-rays we determined she had 40.7mm forward head posture along with a 65% reduction of her cervical curve, leading to premature S.A.D.D. Upon evaluation of her lumbar spine, it was determined she had an 8% gain of her lumbar curve.

At the time this case study is being written, Brianna has reduced her forward head posture by 22%, leaving her cervical spine at 31mm currently. When measuring her cervical spine, she has increased her cervical curve by 25% in just 8 weeks. Brianna has reported that her headaches are resolved.

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Diagnostics: Before And After Treatment



Forward Head
Posture Improved
22%

Headaches And
Migraines Have
Resolved

Back To Spending
Time With Family
And Pursing Career

Key Points

- Migraines Can Leave A Person Bedridden. They Can Be Addressed By Structural Care Or Functional Medicine, Depending On The Cause.
- A Structural Approach Got Brianna Off Medication And Back To Her Life. We're So Happy For You Brianna!