

# Case Study: Inflammation

Dawn's Story



After months of visiting doctors and specialists, it was discovered I had 40 ulcers in my gut, which is evidence of Crohn's. The recommendation was Chemo, which I did not want - I wanted a natural approach.

I found Thrive, and went through a detox protocol. When I went back to my GI doctor, they found zero ulcers! It was totally healed. I've changed my diet, got back to being a busy artist, consultant, and Director at an International Educational Organization, and happily engaged. The Thrive doctors focus on building blocks, and take a whole-body approach.

Want Proof? See Backside For Full Diagnostics.

## Complaints

- Gut Ulcers
- Stomach Pain
- Fatigue

## Solution

- Functional Medicine

## Results

- Energy Restored
- Inflammation Gone
- Life Restored

## Doctor's Story

Dawn came in with a severe flare up due to Chron's disease. Her doctor had recommended chemotherapy with side effects that include a risk of cancer. Wanting to avoid them if she could, Dawn wanted a natural approach that would bring her out of the severe stomach pain, fatigue and fear of what was ahead for her.

Within 6 months, Dawn went from 40 ulcers in her colon on an initial colonoscopy to 0 and went off all of her steroids, while her inflammation dropped from 187.3 on a marker for inflammation called hsCRP down to 0.6 which is in the normal range. She got all of her energy back, and had no more stomach pain, but was also able to avoid the chemotherapy drugs.



Every Patient Is Different. This Is Not A Guarantee Of Results. You may get better or worse results depending on a variety of variables.

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## Diagnosics: Before And After Treatment

Rheumatoid Arthritis	Test name	In Control	Moderate	High Risk	In Control Range	Moderate Range	High Risk Range
	RF IgM (IU/mL)			14	≤13		≥14
	Anti-CCP3 IgG and IgA (U)	14			≤19	20-39	≥40
	hs-CRP (mg/L)			187.3	≤0.9	1.0-3.0	≥3.1

  

Rheumatoid Arthritis	Test name	In Control	Moderate	High Risk	In Control Range	Moderate Range	High Risk Range	Previous
	RF IgM (IU/mL)	<10			≤13		≥14	14 06/20/2017
	hs-CRP (mg/L)			19.4	≤0.9	1.0-3.0	≥3.1	187.3 06/20/2017

  

Rheumatoid Arthritis	Test name	In Control	Moderate	High Risk	In Control Range	Moderate Range	High Risk Range	Previous
	hs-CRP (mg/L)	0.6			≤0.9	1.0-3.0	≥3.1	3.2 09/14/2017

CRP (Inflammation)  
From 187.3 to 0.6

Seven Month  
Protocol

Inflammation  
Gone, Pain Gone,  
Energy Back

### Key Points

- Gut Inflammation Leads To A Host Of Health Problems, Including Crohn's Disease.
- A Functional Medicine Approach Aims To Address The Root Cause Of A Problem, Vs Masking A Symptom
- For This Patient, Functional Medicine To Lower Inflammation! Awesome Job Dawn!