# Case Study: Migraines



I had been missing out on an ordinary life because of daily migraines. I wasn't able to make plans for plays, concerts, outings with my grandson. When I did make plans, I'd have to cancel because I was in bed with a migraine. People think "it's just a headache!" No, it isn't, it's debilitating.

I tried many treatments and medications before I found Thrive. I found a plan at Thrive that included wobbling, decompression, and adjustments. The results have been amazing and life-changing, I can make plans with family and friends without the fear of cancelling due to a migraine.

Want Proof? See Backside For Full Diagnostics.

### Complaints

- Migraines
- Brain Fog
- Headaches

#### Solution

- Chiropractic Care
- Spinal Decompression
- Wobbling
- Exercises

#### Results

- No More Migraines
- No Brain Fog
- Life Restored



Gloria presented to our clinic suffering from daily migraines. She expressed a desire to address these migraines, and to figure out why they existed.

We took x-rays, which revealed total loss of cervical curve, which was creating the migraines. We immediately went to work with a combination of Spinal Adjustments, Spinal Decompression, and Functional Movement training.

Gloria really set a high bar for what I consider an outstanding patient. She brings a spark and a positive, infectious energy into the office even when she isn't feeling her best. Gloria followed all of her treatment recommendations and because of that she has been able to have weeks and weeks without a migraine.



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#### Diagnostics: Before And After Treatment

1: Side View of Your Neck on 6/27/2017



2: Side View of Your Neck on 5/17/2018



Neck Curve Changed 12.1% Forward Head Translation Changed 22.6% Inflammation Gone, 30lbs Lost, Energy Back



- Migraines Can Become Debilitating. They Eliminate Quality Of Life.
- Migraines Can Be Caused By Structural Issues, Dietary Issues, or Both
- For This Patient, Structure Was The Cause.
  Addressing Structural Problems With A
  Comprehensive Approach Worked.
  Congratulations, Gloria!

