# Case Study: Inflammation



I found Thrive after dealing with fatigue and joint pain for many years. I had tried several different things to fix the joint pain but it wasn't working. After speaking with the Thrive doctor, they explained how Functional Medicine worked. We ran blood tests, and I found that I was testing positive for Lupus!

The next step was a plan that addressed the inflammation in my body. After following the doctor's Functional Medicine protocol, I felt so much better and was able to stop medications prescribed for acid reflux and cholesterol. I also no longer test positive for Lupus.

Want Proof? See Backside For Full Diagnostics.

### **Complaints**

- Low Energy
- Overall Pain
- Joint Pain

## Solution

- Functional Medicine
- Blood Test
- Detox
- Supplementation

#### Results

- Stopped Meds
- Energy Restored
- Inflammation Gone
- Life Restored
- Lupus Gone



Kevin came to our office with heartburn, fatigue and a history of autoimmune issues. His family had done food sensitivity testing with us and he was curious about his own health. We discovered markers for Lupus 8x the normal value, with multiple food sensitivities. After seeing these results, Kevin wanted to address this to get his joint pain under control.

After 5 months of repairing the immune system, AutoImmune markers disappeared and he has more energy than he knows what to do with. He is looking forward to enjoying retirement, living life to the fullest.



## Case Study: Inflammation

#### Diagnostics: Before And After Treatment

Current	Result Negative	Pattern Not Applicable			Titer < 1:40		
Previous (07/11/2018)	Positive	Speckled			1:320		
Homocysteine (µmol/L) 7			≤9	10~14	≥15	11 10/25/2018	

ANA Panel Testing For Lupus Went From Positive To Negative Inflammation (Homocysteine) In Normal Range

Body Healed, Pain Gone, Energy Back



- Inflammation Can Wreak Havoc On The Human Body, Causing Pain And A Host Of Other Problems
- A Functional Medicine Approach Aims To Address The Root Cause Of A Problem, Vs Masking A Symptom
- For This Patient, Functional Medicine
  Worked! Lupus Gone! Did You Know Lupus Could
  Be Reversed? Great Job Kevin!

