

Case Study: Thyroid

Richard's Story



I am 71 and still work a stressful job (commercial real estate). About three months ago I heard a doctor on the radio describe me: lethargic, listless, sore after little exercise, unable to get off the one medication for thyroid I've been on for the last 15 years, and overweight. I have two active grandsons who live with me and I have not been able to play much with them.

Today, three and a half months after I called Thrive, things have changed. I can now chase my grandchildren in the park and have much more range of motion in all my joints and am down 26 pounds. Best of all, I am down to half of the thyroid medication I used three months ago. I feel like a million dollars and have become a fan of the Thrive system.

Want Proof? See Backside For Full Diagnostics.

Complaints

- Weight Gain
- Lethargy
- Fatigue

Solution

- Functional Medicine

Results

- Lost 26 lbs
- Energy Back
- Thyroid Meds Cut In Half In 3 Months

Doctor's Story

Dick presented to our office with concerns of long term thyroid medication use that had only increased over time. He was at the maximum dose his doctor would prescribe and did not consider that a solution he was comfortable with.

Upon lab testing, we found issues with Dick's gut lining, multiple food sensitivities and intolerances to wheat and gluten. Dick has undergone 3 months of nutritional counseling and our gut repair program and is down to half his medication in 3 months without symptoms and has lost 26 lbs total.



Every Patient Is Different. This Is Not A Guarantee Of Results. You may get better or worse results depending on a variety of variables.

Case Study: Thyroid

Diagnostics: Before And After Treatment

Thyroid	Current	Reference Range	Previous
T3 - Triiodothyronine (ng/mL)	1.0	0.8~2.0	1.0 (08/08/2018)
T4 - Thyroxine (µg/dL)	11.1 H	4.5~9.8	7.8 (08/08/2018)
Free T3 (pg/mL)	3.3	2.0~4.4	2.9 (08/08/2018)
Free T4 (ng/dL)	2.7 H	0.9~1.7	1.7 (08/08/2018)
TSH (µIU/mL)	0.167	0.111~4.910	1.870 (08/08/2018)
Anti-TPO (IU/mL)	112 H	≤34	118 H (08/08/2018)
Reverse T3* (ng/dL)	37 H	7~23	24 H (08/08/2018)
Anti-TG (IU/mL)	1546.0 H	≤115.0	1473.0 H (08/08/2018)

Free T4 Increased
From 1.7 To 2.7

Free T3 And T4
Increased

Thyroid Medication
Down 50%

Key Points

- Low Thyroid ("Hypothyroidism") Can Wreck Quality Of Life With Low Energy, Fatigue, And Brain Fog.
- Functional Medicine Addresses The Root Cause Of Low Thyroid. For This Patient, They Got Their Energy Back In Only 3 Months. We're Proud Of You Richard!