# **Case Study: Radiculopathy**



I had severe neck and back pain for years. I had always been able to get by with pills from the physician, until I had an episode that changed everything. Suddenly I had nerve pain radiating from my spine, through my shoulder blade, down my left arm and all the way to my fingertips. I could not sit, stand, drive, work, walk, play with my son or carry on a conversation. I was unable to interact with my wife and son in any capacity.

After doing some research I made an appointment with the team at Thrive Health Systems. X-rays revealed the poor condition of my neck and it was explained to me the level of strain that was being put on my nervous system through the different pressures being applied to my spinal cord. I was immediately appreciative of the level of communication that everyone was delivering.

After 2 weeks, I was managing the pain a little better. 75% of my pain was still existent. After 4-5 weeks and very clear and open 2 way dialogue, my original onset debilitating pain was gone. I could play with my family, sit, stand, drive, work, and think clearly. It took dedication and a major effort to stay focused. From here the dedication doesn't end!

#### Want Proof? See Backside For Full Diagnostics.

## Complaints

- Radiating Pain
- Back Pain
- Neck Pain

# Solution

## Results

Seth's Story

- Spinal Alignment
- Functional Movement Training
- Spinal Molding

- Pain Gone
- Can Sit, Stand, And
   Think Clearly
- Got Life Back!



Seth presented to the office with acute radiculopathy in his left arm. The pain had become so intolerable he could not attend his home duties with his family, nor his work duties. He had been forced to just computer work at his job, and that was becoming a problem as well.

Upon examination he had multiple positive orthopedic exams indicating nerve irritation and possible disc herniation in the cervical region. He had almost no range of motion in the cervical spine. If he tried to rotate his head to the left or right but more so on the left, his symptoms would light up. Any pressure on the head or neck would also send his pain to a 10. He was at a constant 8 and with any activity it would increase to a 10.

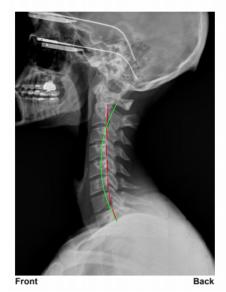
After the first treatment he had an immediate restoration of cervical range of motion for 24-48 hours. We had to alter treatment for him chiropractically to manage his symptoms and eventually found what gave him the quickest lasting relief. Now, after treatment, he has almost a perfect curve in his neck and has no symptoms.



Every Patient Is Different. This Is Not A Guarantee Of Results. You may get better or worse results depending on a variety of variables.

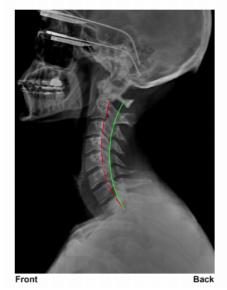
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### Diagnostics: Before And After Treatment



1: Side View of Your Neck on 1/25/2019

2: Side View of Your Neck on 3/15/2019



Neck Curve Improved 257%

C3-C4 Changed 5800% Radiculopathy Gone, Life Restored!



Spinal Health Can Be Measured In Millimeters And Degrees. One Degree Can Be The Difference Between 10/10 Pain, And "Mild Discomfort"
The Longer A Problem Is Ignored, The Longer It Takes To Fix. For This Patient, An Approach That Included Adjustments, FMT, and Spinal Molding Worked. We're So Proud Of You Seth!



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