

# Case Study: Neck Pain

Debbie's Story



I was in excruciating pain. I couldn't work, I couldn't take care of my house, at one point I couldn't even raise arms enough to dress myself. When I could sleep I would be sitting up in a chair or with my head down on a table.

Since I have been seeing the doctors at Thrive my pain is gone. Not only does he do my adjustments but he has showed me simple exercises that I can do at home to help me between visits. I have not felt this good in a long time.

Want Proof? See Backside For Full Diagnostics.

## Complaints

- Neck Pain
- Arm Pain
- Poor Sleep

## Solution

- Spinal Adjustments
- Functional Movement Training

## Results

- Pain Gone
- X-Ray Improvement

## Doctor's Story

Debbie came in to the office after having suffered with debilitating pain that would shoot from her neck all the way into her left arm. The pain was so bad that daily tasks like getting dressed and combing her hair were extremely difficult. Quality sleep was near impossible and performing at work was getting harder and harder. Debbie had so much neck pain that she could not even lay on her back for more than a few minutes at a time without the pain becoming too much to handle.

A few weeks after beginning care Debbie started to get her life back. She was able to perform all of her daily tasks nearly pain free. Now that care is wrapping up, she has been completely pain free for several months and has a much higher quality of life.

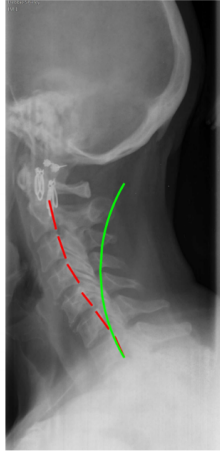


Every Patient Is Different. This Is Not A Guarantee Of Results. You may get better or worse results depending on a variety of variables.

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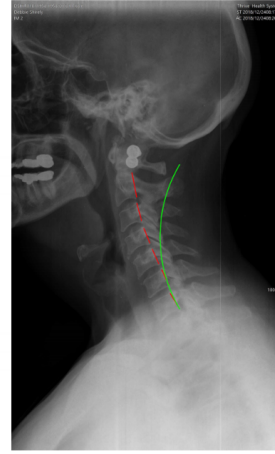
## Diagnostics: Before And After Treatment

1: Lateral Cervical 5/24/2018



Anterior Posterior

2: Lateral Cervical 12/24/2018



Anterior Posterior

This green line represents the Normal Spinal Position and expected path of the posterior longitudinal ligament.

This red line represents the patient's position known as George's Line. This is the path of the posterior longitudinal ligament.

Neck Curve  
Improved 36% In 7  
Months

Mobility Greatly  
Improved Within 7  
Months

Pain Gone, Sleep  
Improved, Life Is  
Good

### Key Points

- Neck Pain Can Come From A Variety Of Factors. A Common Contributor Is Loss Of Cervical Curve (Neck Curve).
- By Managing And Restoring Neck Curve, Neck Pain Can Be Solved
- A Comprehensive Corrective Care Plan For Structure Worked For This Patient. We Celebrate Your Success Debbie!