

# Case Study: Nerve Pain

Danielle's Story



In 2014, I was diagnosed with Thoracic Outlet Syndrome. I was in constant pain that kept me from doing the things I loved. There were days that I couldn't do simple things such as chores because of the pain. I had to resign from a job I was passionate about and loved, due to the constant, chronic pain.

I underwent two surgeries that doctors thought would either cure or help improve my condition; neither did. After months of physical therapy, I had enough. I made the decision to try chiropractic therapy.

My misconception of having my bones cracked and body manipulated did not sit well. The doctor laid out an extensive treatment plan where I would do therapy with decompression. After my first visit, I was amazed of how much pain relief I had. It took a few visits to get comfortable with this type of treatment. The relief I had was so profound, I was able to reduce taking pain medications and go through most of my day pain-free. Thanks to these wonderful doctors at Thrive I can see a future for my quality of life.

**Want Proof? See Backside For Full Diagnostics.**

## Complaints

- Arm Pain
- Back Pain
- Difficulty Breathing

## Solution

- Spinal Alignment
- Spinal Decompression
- Functional Movement

## Results

- Out Of Chronic Pain
- No Problems Breathing
- Got Her Life Back!

## Doctor's Story

Danielle presented to our office with complaints of thoracic outlet syndrome which had not resolved with two previous surgeries.

Danielle was interested in a natural approach to solve her issues and was concerned about attempting a third surgery. Upon reviewing her clinical examination and radiographs, Danielle had lost 137.4% of her normal cervical curve resulting in tension on the nerves in her neck. Through corrective exercise, chiropractic and functional movement training, Danielle's neck curve improved 87% in 4 months of treatment. Danielle rated her symptoms as 90% improved in 4 months of care.

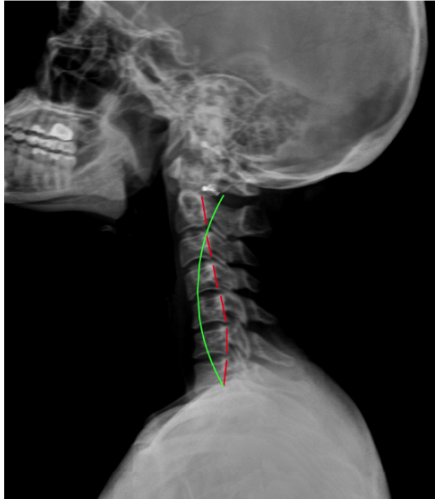


Every Patient Is Different. This Is Not A Guarantee Of Results. You may get better or worse results depending on a variety of variables.

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## Diagnostics: Before And After Treatment

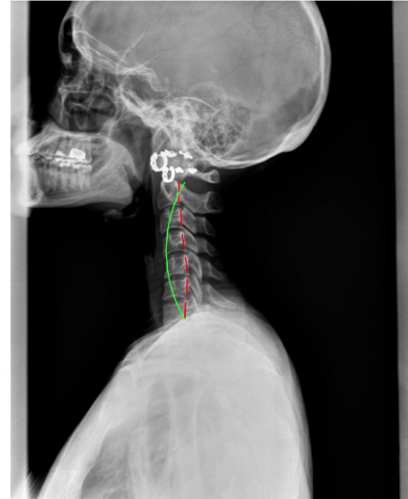
1: Lateral Cervical 7/13/2018



Anterior

Posterior

2: Lateral Cervical 11/17/2018



Anterior

Posterior

Overall Neck Curve  
Improved 87%

90% Of Symptoms  
Resolved In 4  
Months

Back To Doing The  
Things She Loves

### Key Points

- Thoracic Outlet Syndrome Can Cause Extreme Pain. A Surgical Approach Can Be Very Expensive And Time-Consuming; One Study\* Found The Primary Success Rate Of Surgery At 46.5%
- In This Cases, Millimeters and Degrees Count. 1% Can Make The Difference Between No Pain, And Debilitating, Non-Stop Pain.
- A Natural, Non-Surgical Approach Accomplished For Danielle What Two Surgeries Could Not. Way To Go Danielle!

Source: Midwestern Vascular Surgical Society: <https://www.sciencedirect.com/science/article/pii/S0741521405004672>