

Case Study: Neck Pain

Ron's Story



I worked at the computer all day and over time noticed my neck was stiff. When I attended my first appointment at Thrive, the doctor took x-rays and found my neck was 2 inches out of alignment.

After three months of treatment, Thrive was able to help me treat this problem along with my personal trainer and today my posture, neck and health are greatly improved. Thanks to the staff at Thrive for helping me get these results.

Want Proof? See Backside For Full Diagnostics.

Complaints

- Neck Pain
- Back Pain
- Shoulder Pain

Solution

- Chiropractic Care
- Spinal Decompression
- Functional Movement Training

Results

- Forward Head Carriage Improved 71%
- Pain Reduced

Doctor's Story

Ron started coming into the office after going on vacation for the first time as an empty nester and realizing his health wouldn't support his long-term goals was when he was walking down a pier and he ran out of breath. When he got back home, he took his health into his own hands.

He started care with neck pain into the shoulders and lower back pain. His dream was to enjoy his retirement with his wife. He also set up goals of more endurance, more strength, and posture correction. After 3 months of care, his x-rays showed the following results: 58% improvement in his C1, 71% improvement in his anterior head translation, 60% improvement in his lateral head translation, and 82% improvement in his lumbar lateral translation.

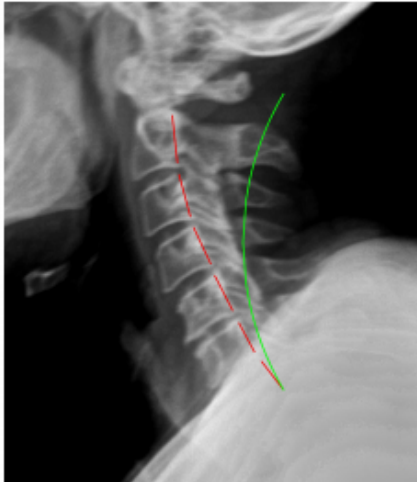


Every Patient Is Different. This Is Not A Guarantee Of Results. You may get better or worse results depending on a variety of variables.

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Diagnostics: Before And After Treatment

1: Lateral Cervical 10/24/2018



Anterior

Posterior

2: Lateral Cervical 1/30/2019



Anterior

Posterior

58% Improvement
In C1

71% Improvement in
Anterior Head
Translation

82% Improvement
In Lumbar Lateral
Translation

Key Points

- Neck, Back, And Shoulder Pain Can Be Caused By Structural Dysfunction
- A Comprehensive Approach That Included Spinal Adjustments, Traction, And Functional Movement Training Greatly Improved Ron's Issues. Congratulations Ron!