

Case Study: Sciatica

Christy's Story

When I first went to Thrive, I was in agony. I couldn't walk very far. I couldn't sit for too long. I couldn't stand on my feet for too long.

The team at Thrive came together and between regular adjustments, regular FMT and a couple of massages, I found relief! The pain that debilitated me was actually gone!

I did some canning just this weekend (canning applesauce). I was on my feet for a solid 4 hours; peeling apples - 75 of them - and cooking them. Then standing for the canning process. I never would've been able to that before being treated! When your pain level goes from an 8 down to a 3, especially after an activity like canning, life is great again! I can't thank the team enough for giving me my life back!

Want Proof? See Backside For Full Diagnostics.



Complaints

- Back Pain
- Sciatic Pain
- Neck Pain

Solution

- Chiropractic Care
- Functional Movement
- Massage Therapy

Results

- Pain Reduced
- Sciatic Pain Relief
- Zero Neck Pain

Doctor's Story

Christy (50-year-old female) presented into the office with lower back pain, sciatic pain, and neck pain. The pain was keeping her from sleeping and working at all as well as standing for over 10 minutes without pain.

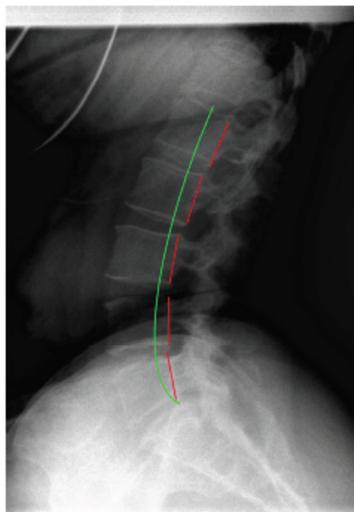
Due to the increased pain and lack of motion, she started experiencing increased stress that impacted her energy levels and further decreased her sleep.

Her treatment plan included flexion/distraction chiropractic adjustments, functional movement training sessions, and massage therapy. Her treatment plan lasted a total of 8 months with a 6 week gap due to COVID protocols. At the end of treatment, Christy reported resolution of sciatic pain, zero neck pain, and an increase in her attitude, sleeping, and ability to move and stand.

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Diagnostics: Before And After Treatment

1: Lateral Lumbar 3/7/2020



Anterior Posterior

2: Lateral Lumbar 10/21/2020



Anterior Posterior

All L1-S1 Segments Improved 83%

HB Angle Improved 75.9%

Sciatica Gone, Life Regained!

Key Points

- Many Times, Sciatica Can Be Caused By Nerve Interference In The Lumbar Region Of The Spine
- Interference Can Occur With The Loss Of Normal Curvature
- A Comprehensive Approach To Correct Spinal Curvature Can Make All The Difference When Overcoming Sciatica