

Case Study: Inflammation

Martha's Story



My health took a nose dive after being admitted to the hospital with a diagnosis of severe intestinal inflammation. I continued to experience severe neck, back, hip, neck, and shoulder pain. I continued to have severe stomach pain, weight loss, memory loss, confusion, inability to retain information, and difficulty sleeping. I felt so useless and helpless.

My initial lab that was done at Thrive showed that I had Systemic Lupus; I finally had an explanation as to what was causing all of my problems. My lab also showed that I had Sjogren Syndrome, rheumatoid arthritis, and anemia.

After treatment, I no longer require a cane to walk. I was able to come off of my medications. I was able to come off of the oxygen after five months. My appetite has improved, my energy level has returned to normal. I am able to workout without being in so much pain, and no longer get short of breath. I am sleeping much better, with no more headaches, and my memory has improved. My current lab has returned to normalcy, and I feel good again!

Want Proof? See Backside For Full Diagnostics.

Complaints

Solution

Results

- Global Pain
- GI Inflammation
- Memory Loss
- Poor Sleep

- Functional Medicine
- Spinal Adjustment
- Detox
- Laser & Decompression

- Normal Blood Tests
- No Need For Oxygen Or Cane
- No More Meds



Martha presented to Thrive with the following symptoms: cervical pain with radiation into the right arm, lumbar pain with radiation into the right leg, global muscle weakness, extreme fatigue, incontinence, gas, bloating and stomach pain. She was also on oxygen therapy. Her labs revealed that her levels of inflammation were at 38.4, and they should really be 0.9 or less. She had more than 42 times the allowable amount of inflammation in the body!

We put her on a chiropractic care plan to help with the numbness/tingling and shooting pain. We utilized chiropractic adjustments, laser, decompression and functional movement training. We also put her on a 6-month protocol to reduce her inflammation. In only 60 days, her inflammation (hs-CRP) went from 38.4 down to 1.1. This is truly incredible. By the end of her treatment plan, the numbness/tingling and pain had resolved. The gas, bloating and stomach pain had also resolved. She no longer needed additional oxygen support of any kind. She is back cooking for, and spending time with, her 17 grandchildren which is her absolute favorite thing to do.



Every Patient Is Different. This Is Not A Guarantee Of Results. You may get better or worse results depending on a variety of variables.

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Diagnostics: Before And After Treatment

hs-CRP (mg/L)	1.1	≤0.9	1.0~3.0	≥3.1	38.4 11/29/2017
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Inflammation (CRP)
Down From 38.4 To
1.1

Off Oxygen
No More Cane
Sleeping Better
No Headaches

Patient Truly Got
Her Life Back!

Key Points

- Inflammation Can Be Devastating. It Can Ruin Health, Causing A Cascade Of Problems That Only Grow With Time
- An Approach In Which Inflammation Is Lowered Naturally, Helps The Body Heal Itself
- A Comprehensive Approach Involving Structural Care And Functional Medicine Worked For This Patient. Great Job Martha!